



Moss Motors, Ltd.
440 Rutherford Street
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Torque Specifications for ARP Fasteners

Note: Unless otherwise specified, all figures assume use of ARP Moly Lube on all threads. A packet is included with all ARP fastener kits assembled by Moss Classic Jaguar. It is also available separately under part number 322-815.

Jaguar Six-Cylinder Rod Bolts

With ARP Moly Lube:	42 foot pounds
Stretch Method:	0075"

Jaguar Six-Cylinder Cylinder Head Hold-Down Nuts

With ARP Moly Lube:	80 foot pounds
With 30-weight motor oil:	85 foot pounds

Jaguar Six-Cylinder Main Bearing Cap Nuts

With ARP Moly Lube:	70 to 80 foot pounds
With 30-weight motor oil:	85 foot pounds

Note: As a result of new testing, ARP has increased their recommended torque from 70 to 80 foot pounds on the main bearing cap nuts. However, if the caps were line-bored at 70 foot pounds, keep to that torque specification as an increase to 80 foot pounds might distort the cap.

Moss Motors Ltd. // Moss Classic Jaguar
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Moss Motors, founded in 1948, is a multi-national warehouse distributor, manufacturer and retailer of performance, restoration and replacement parts for vintage British and specialty market vehicles including Jaguar, MG, Triumph, Austin Healey, classic Mini and Mazda Miata.