

Torque Specifications for ARP Fasteners

Note: Unless otherwise specified, all figures assume use of ARP Moly Lube on all threads. A packet is included with all ARP fastener kits assembled by XKs Unlimited. It is also available separately under part number 17-1679.

Jaguar Six-Cylinder Rod Bolts

With ARP Moly Lube: 42 foot pounds

Stretch Method: .0075"

Jaguar Six-Cylinder Cylinder Head Hold-Down Nuts

With ARP Moly Lube: 80 foot pounds

With 30-weight motor oil: 85 foot pounds

Jaguar Six-Cylinder Main Bearing Cap Nuts

With ARP Moly Lube: 70 to 80 foot pounds

With 30-weight motor oil: 85 foot pounds

Note: As a result of new testing, ARP has increase their recommended torque from 70 to 80 foot pounds on the main bearing cap nuts. However, if the caps were line-bored at 70 foot pounds, keep to that torque specification as an increase to 80 foot pounds might distort the caps.